



## Naunton Area Residents' Association – Newsletter Autumn 2021

### OPEN OPPORTUNITY FOR DEFIBRILLATOR TRAINING

NARA, in conjunction with SPJARA and Cheltenham Connect, were successful in raising the £1,000 required to safeguard the availability of the defibrillator, for anyone and everyone in the vicinity of The Exmouth Arms.

Without receiving CPR and having a defibrillator used on them, chances of survival decrease by 10% for every minute someone is in cardiac arrest. Having a defibrillator available is only part of the chain; to save a life it needs to be operated. Whilst this life-saving piece of equipment has on-screen guidance for use in an emergency, South West Ambulances are offering training in CPR so you can use the defibrillator with confidence.

The free sessions will be in a Covid-Safe environment and last approximately an hour. **To attend the session on Tuesday 9th November at 7.30pm, please complete and return the slip overleaf.**

#### THE BATH ROAD

Following an invite from recently elected County Councillor, Paul Baker, NARA and SPJARA met to discuss suggestions to improve the Bath Road. As well as short-term improvements, such as more planters, painting of street furniture and removal of unnecessary items, longer term projects were discussed, such as draining of puddle sites and renovation of the car park toilet block.

#### LOCAL HISTORY WEEKEND

Spring 2022 will see the launch of a series of special events by NARA, with a Local History Weekend, part-funded by the GCC Build Back Better Campaign. Illustrations and information about the rich history of the area will form the focus of the event, which will include talks and guided walks by local historians. Can you help by sharing old photos or allowing your old deeds or other documents to be used for research?

If so, please contact [derekscarb@hotmail.com](mailto:derekscarb@hotmail.com)



### THE CHRISTMAS TREE IS COMING...

#### ADVENT WINDOWS

Naunton Area's Advent Window Trail is becoming as much of a tradition as mistletoe and mince pies! Last year, 115 windows 'opened' with a fantastic display of festive designs highlighting the immense creativity in the area. For those new to the area, windows are decorated and illuminated from 6pm on a specific date in Advent and every following night leading up to Christmas.

A map of the windows is emailed to members and published on The Triangle, where there will also be a collection box to contribute to The Salvation Army's Christmas Appeal. If you would like to host a window, please contact Karen ([khstanford@hotmail.co.uk](mailto:khstanford@hotmail.co.uk)) or complete and return the slip overleaf.

#### SANTA RUN

Following last year's successful Santa Run, it will return in early December, so money can be used by The Salvation Army to provide food parcels for Cheltenham families at Christmas. More importantly, it will free up Santa and his elves for their busy schedule! Thank you for raising £650 last year.



## CAROL CONCERT

The Carol Concert on The Triangle is also scheduled to return this year. Celebrations and singing, accompanied by The Salvation Army's Brass Band will take place during Christmas week. Check the noticeboard for the confirmed date.

## ENVIRONMENT MATTERS

With the relaxation of restrictions, over 80 neighbours enjoyed the opportunity to meet up on a sunny Sunday afternoon to launch NARA's Window Box Event. The sale of window boxes and planters made from upcycled pallet wood along with the sale of windmills helped to promote the scheme and the afternoon was made all the sweeter by the strawberries and songs of D'Artagnan.

The comments about how many windowsills and front gardens have been looking 'Bloomin' Marvellous' over the summer show the positive impact small changes in our environment can make: thank you!



## LITTER PICKING

... is a less attractive way of highlighting the importance of living in a clean and pleasant area. NARA's communal litter-picks aim to combat the effects of careless litter throwers and demonstrate a commitment to the environment. **If you care, join us on every 1st Sunday on The Triangle at 10am.**

## AND FINALLY...

Please help make our neighbourhood a better place by joining or renewing your membership (£5 per household/£3 single occupancy household per annum) Please note, joining the Facebook group doesn't help us to pay our bills.

NARA needs your continuing financial support to be able to renew our public liability insurance, print leaflets and maintain The Triangle, which continues to provide an oasis of calm, according to the many comments that have been received. Thank you to everyone who has donated to its upkeep via the collection box. This year we have purchased a mower and strimmer, as well as more Christmas lights.

## NAUNTON AREA RESIDENTS ASSOCIATION

Our purpose is to create a better sense of community, deal with concerns that affect our area and give residents a greater voice than they would otherwise have as individuals. Membership is open to anyone in the local area and suggestions for projects to improve the environment and general well-being of everyone are welcomed.

**For further information, use the contact details below, or visit [www.naracheltenham.co.uk](http://www.naracheltenham.co.uk)**

I am interested in:

- |  |  |
|--|--|
| <input type="checkbox"/> Becoming a member of NARA                       | <input type="checkbox"/> Sharing ideas/art on the Triangle |
| <input type="checkbox"/> Making a contribution to upkeep of the Triangle | <input type="checkbox"/> Attending defibrillator training  |
| <input type="checkbox"/> Hosting an Advent Window                        | <input type="checkbox"/> Loaning litter-picking equipment  |

Name .....

Address .....

Phone number .....

Email address .....

Any questions or ideas for future projects? Contact [derekscarb@hotmail.com](mailto:derekscarb@hotmail.com), 29 Langdon Road, GL53 7NZ