



Naunton Area Residents' Association – Newsletter Spring 2021

Who are we?

Naunton Area Residents' Association (NARA) was started by residents of Ewlyn Road, Hermitage Street, Francis Street, Exmouth Street, Langdon Road, Clare Place, Naunton Parade, Naunton Terrace and Naunton Crescent; however, membership is open to anyone with an interest in the area. We wish to create a better sense of community, deal with concerns affecting our area and give residents a greater voice. Full details of our activities are available at www.naracheltenham.co.uk

Successful defibrillator JustGiving campaign

NARA, in conjunction with SPJARA and Cheltenham Connect, has ensured that the life-saving defibrillator outside The Exmouth Arms will continue to improve cardiac arrest survival rates for anyone in the vicinity.

Each year thousands of people are resuscitated outside of hospital. For every minute that someone is in cardiac arrest without receiving CPR and having a defibrillator used on them, their chance of survival decreases by 10%.

Within two weeks of the campaign being launched, the £1,200 target was achieved. The money raised will enable the South West Ambulance Trust (SWAST) to maintain the device and provide FREE training courses for the next four years.

If you wish to attend a training session or require further details please complete and return slip overleaf.

Bloomin' marvellous – something to look forward to!

Last year's window box event was cancelled; however, we are now encouraging residents to spring into action this summer and participate in NARA's 'Flower Box Festival Week'. We are inviting residents to plant up a window box or a tub and join with their neighbours to create an uplifting colourful environment to promote the positive mental health benefits of flowers and foliage.

As we emerge from lockdown, celebrate with a splash of colour outside your door, and BEE friendly. It's not a competition, just a community action we can all share, and hopefully have a positive impact on those participating and those who pass by.

If you do not have a window box, let us know and one can be supplied made from recycled pallets. A small donation toward the upkeep of The Triangle would be appreciated.

To show participation, we are inviting people to feature a paper windmill. You can make your own or we can supply you with one, just let us know.



Find out more at www.naracheltenham.co.uk

If there are enough participants, a flower trail map will be published in July – so it can be enjoyed just like the Advent Trail. Contact Karen (khstanford@hotmail.co.uk) for more details.

Litter picking

We may not be able to pick up litter as a large group; however, you can loan NARA's equipment. If you wish to clean up your street (or beyond), just let us know: contact derekscarb@hotmail.com or fill in the slip below.

Santa Run

Father Christmas was so disappointed that the carol concert on the Triangle had to be cancelled, he decided to tour the locality with his own pre-recorded carols, talking to children and leading his team of elves wielding illuminated socially distanced collecting poles, raising £650.55.



Advent windows

Thank you to everyone who hosted one of the 115 Advent windows opened over the Christmas period. Each one was special in its own way, demonstrating a wealth of creative talent. It was heartwarming to see children and adults alike walking the 'Advent Trail', many contributing to the collection box on the Triangle, which raised £219.82 along with a £100 NARA donation.

AGM

As it is not possible to hold an AGM at this time, the existing committee has agreed to continue until we are able to hold a public meeting. In the meantime, the Treasurer, Chairman's and Membership Secretary's report will be emailed to current members.

Please renew your membership!

NARA needs your continuing financial support to be able to renew our Public Liability Insurance, print leaflets and maintain the Triangle. This year we have purchased a mower and strimmer for the Triangle as well as more Christmas lights.

Please help make our neighbourhood a better place by joining or renewing your membership (£5 per household/£3 per single-occupancy household per annum). Please note, joining the Facebook group does not help us to pay our bills. If you just wish to make a donation, there is a collecting box below the noticeboard on the Triangle. Thank you!

I am interested in:

- | | |
|--|--|
| <input type="checkbox"/> Becoming a member of NARA | <input type="checkbox"/> Sharing ideas/art on the Triangle |
| <input type="checkbox"/> Participating in the window box event | <input type="checkbox"/> Attending defibrillator training |
| <input type="checkbox"/> Making a contribution to upkeep of the Triangle | <input type="checkbox"/> Loaning litter-picking equipment |

Name

Address

Phone number

Email address

Any questions? Contact derekscarb@hotmail.com or return your form to 29 Langdon Road, GL53 7NZ